

## Reviews for *Eternal recurrence ...A Step out of Time*

This is an interesting and above all thought provoking book. It presents a poetic distillation of thought and wisdom in a frame that is contemporary but also timeless. The author does not take up a polemical stance. He is a humanist. He examines in particular the universality of message, and he gives the reader a clear and personal signpost, while he avoids the chronological and intellectual history of ethical thought. That is not to say that he does not acknowledge such sources of wisdom as the *Tao Te Ching*. He has a melodic and spirited address to language and his verse is effective.

One of the qualities of this book is that it may start the casual reader to think less casually. It is not difficult to read although it makes no compromises. The author gives the reader a lot of jumping-off points, some of them provocative: OK, he seems to be saying, you don't agree? Right, off you go, read it up, find out for yourself, make up your own mind. Someone who picks up this book could easily find themselves next reading Darwin, the Upanishads, or Bertrand Russell, the Quran or Spinoza. This has to be valuable. I have a bad habit of reading three books at once and while I was reading this one, I was also reading Wittgenstein's Tractatus (flawed but fascinating) and the letters of Carl Jung (too many of them), and they were not bad book shelf fellows. This book may appear simple, but it is certainly not simplistic. An insoluble intellectual problem is made no easier by being dressed up in jargon. Kitt is a profoundly spiritual writer who communicates with his reader in the language of truth and perception. It has been a privilege to read *Eternal Recurrence ...A Step out of Time*.

Mark Sykes, Editor-In-Chief, Athena Press.